

**Review & Preview**

**I. Who are the strong?**

**II. What is our obligation?**

**III. Why are we obligated?**

- A. Christ
- B. \_\_\_\_\_
- C. \_\_\_\_\_
- D. \_\_\_\_\_

**MY STRENGTHS INVENTORY**

Each of us possesses strengths (powers) that we often do not recognize as strengths. This was designed to help your strengths and to help you to understand the obligation (responsibility) that comes with it.

1. Write “S” (Strength), “P” (Potential Strength), or “U” (Unsure) on the left column to note what you feel are your strengths.

S/P/U (personal)	STRENGTHS	DESCRIPTION	S/P/U (2 <sup>nd</sup> view)
	<b>ABILITY</b> (gifts and talents)	What am I good at, whether God-given or developed?	
	<b>ACTIVITY</b> (interests)	What are some things that I do for joy that may be of benefit to others?	
	<b>AVAILABILITY</b> (discretionary time)	How much flexible time and bandwidth do I have?	
	<b>CAPACITY</b> (work ethics)	Am I able to work hard and long for long periods of time?	
	<b>COMMUNITY</b> (relationship)	Am I able to make and develop deep and/or broad friendships?	
	<b>CREDIBILITY</b> (personal brand)	Who am I known as and known by (my following, influence, reputation)?	
	<b>FAMILY</b> (marriage & children)	Who is my husband/wife and what stage of life are my kids in?	
	<b>GEOGRAPHY</b> (neighborhood)	Where do I live and how can I leverage that?	
	<b>HISTORY</b> (family of origin)	What is my family history and how does that impact who I am today?	
	<b>IDENTITY</b> (gender & ethnicity)	What are the things that make me who I am?	
	<b>INDUSTRY</b> (work & position)	What is my vocation or business and what is my position in that industry?	
	<b>PERSONALITY</b> (temperament)	What is my default personality (DISC, enneagram, Myers-Briggs, etc.)?	
	<b>PROPENSITY</b> (heart passions)	What are the things that I care about even if no one compels me to care?	
	<b>PROSPERITY</b> (salary & assets)	How much money am I able to earn, spend or give?	
	<b>SPIRITUALITY</b> (faith certainty)	Is my faith and trust in God, Christ and Bible deeply rooted and firm?	
	<b>STORY</b> (personal experiences)	What are my unique pains and experiences?	

2. Have a 2<sup>nd</sup> person (friend or significant other) fill out the right column for you. In addition, have that person circle three strengths in which he/she feels you can bring greater blessing and building up of others with.
3. Take a look at what have been circled. Pray & take note of your strengths as well as your obligation (responsibility) to use your strengths to bless & build up.